



# Te Taketake Diploma in Applied Addictions Counselling (Level 7)



**Domestic fee:** \$3585

This programme is not available to international students.

Compulsory student levy >  
StudyLink >

\*Fees are approximate, subject to change and exchange rates

**Location** This programme is full for 2020.  
**Duration** Two years; part-time  
**Delivery** 10 hours per week in self-directed study, 400 hours of clinical placement and 8 three- or four-day wānanga/workshops throughout the year (see dates below).  
This programme is delivered through the Moana Training Institute through a sub-contract arrangement with Otago Polytechnic.

**Credits** 120  
**Level** 7  
**Start** March  
**Apply** by 15 November 2020

Offered through the Moana House Training Institute, this 2-year part-time programme will give you the qualification you need to take up a professional role within the mental health and addictions sector.

It is recognised by DAPAANZ (Drug and Alcohol Practitioners' Association Aotearoa–New Zealand), the relevant professional body for addictions practitioners, and will give you the skills and knowledge to work independently to provide both assessments and treatment services. Upon successful completion of this Diploma, you can apply for professional registration with DAPAANZ\*.

Courses include Foundation Counselling and Assessment Skills, Pharmacology, and Case management, Care and Prevention. There is also the addition of Te Hauhakenga, practical work and competencies.

Training will take place on 8 x three or four-day wānanga/workshops throughout the year in either Dunedin or Rotorua. Three-day wānanga are held from Friday to Sunday. Four-day wānanga are held from Thursday to Sunday. Some of the teaching will be done together but most of it will take place in separate streams according to the year of study you are in.

\* Please note that your success with DAPAANZ is dependent on you meeting their criteria.

More about the programme

Te Taketake is a Level 7 Addictions Counselling Diploma that produces graduates who are ready to work in the field. It actively combines theory with practice, and as a Level 7 qualification, it is the same level as the final year of a bachelor's degree.

You will gain the specialised technical knowledge and skills to provide treatment to people seeking

assistance with problems of gambling, alcohol and drug use.

While you learn to apply specialised knowledge, Te Taketake is also about promoting your own personal growth; just as you will work with whaiora to encourage their personal growth, so too Te Taketake expects that you will be a more self-aware and reflective practitioner by the end of the diploma.

Note: We no longer offer direct-entry to the second year of the programme.

## Programme content

### Year One

Te Aka - The Vine

- > MH701001 (AKA1) Foundation Counselling and Assessment Skills
- > MH702001 (AKA2) Pharmacology
- > MH703001 (AKA3) Change and Motivation

### Year Two

Te Rea - The Shoot

- > MH704001 (REA1) Culture and Whānau
- > MH705001 (REA2) Diagnostic Systems
- > MH706001 (REA3) Case management, Care and Prevention

### Years One and Two

Te Hauhakenga - The Harvest

- > MH707001 Applying Theory to Practice 1
- > MH708001 Applying Theory to Practice 2

For a more detailed programme overview, [click here](#).

## Entry requirements

- > There are no formal academic prerequisites although it is expected that taurira have achievement of Level 5 or above. We are aware, however, that some of the target group will initially present a range of skills in study and writing.
- > Te Taketake is designed for adult taurira who are already working in the mental health and addictions sector. Other people are considered to the extent that they have the opportunity to work with tangata whaiora who are affected by addiction.
- > It is essential that taurira have access to this type of work, as Te Taketake is an applied qualification, requiring 400 hours of supervised practice over two years.
- > Taurira must arrange their own placement to complete their clinical hours.
- > Taurira should be committed to attending all course wānanga and be able to undertake at least ten hours of self-directed study per week.

## Other requirements

- > Access to tangata whaiora. (400 clinical hours are needed over the two years of the course.)
- > Basic computer skills
- > Access to a computer and to the internet
- > At least two years in recovery from any substance or process addictions or offending (subject to a Ministry of Justice check)
- > Ability to pay course fees or to obtain a scholarship that will cover them.

## Completing your application

You can enter information and upload documents directly into the application form. You may wish to prepare some of the required documentation beforehand.

1. To begin your application, click the Apply button at the top of this page.
2. Select the location you want to study at:
  - > Distance - if you intend to study in Rotorua.
  - > Dunedin - if you intend to study in Dunedin.

You will need to provide:

1. a Criminal Convictions Report [Please note: this can take 20 days to process.]
2. your Curriculum Vitae
3. evidence of a Professional Association Membership
4. details of your Supervision Arrangements
5. a substance declaration and mental health status attestation

6. written statements (approx. 300-500 words each) about:

- > your life experiences and motivations for wanting to study this programme
- > your relevant professional experiences
- > how the te Tiriti o Waitangi might underpin your work in the social sector
- > issues facing New Zealanders.

7. Contact details for two referees

You will also need to attend an interview as part of the application process. We will contact you to arrange this.

Waitlisting

There is high demand for Te Taketake, so we operate a waitlist for places in the programme. This means we can offer places to the next person on the list if someone withdraws from the programme at the start of the year.

We give priority on the waitlist based on:

1. Support from your employer to study this programme and supervise you
2. Your track record of achievement - academic or a proven ability to complete tasks
3. Your contribution to your community
4. Academic ability and literacy
5. Your ability to access work with whaiora for your clinical hours

Wānanga details

Most wānanga last for three days. Please note, the April and August Wānanga last for four days. Each Wānanga commences at 9.00am each day. Classes on Thursday, Friday and Saturday conclude at around 8.30pm but no later than 3.00pm on the Sunday. You are expected to arrive on time so please arrange your transport accordingly.

There will be 13 sessions lasting 90 minutes for each wānanga. Days begin and end with karakia/quiet time. All teaching is done biculturally and tangata whenua are always acknowledged as part of the process.

Attendance at every wānanga is expected. Should you miss a wānanga due to sickness or family emergency, please bear in mind that you must attend a minimum of 80% of wānanga time. This means that if you miss more than three days over the year of study, you will not be eligible to continue to year two or graduate (if you are in year 2). If you are unable to meet this requirement, you will need to attend wānanga in the following year to complete the programme expectations.

There is often mahi kainga (homework) during wānanga for the next day.

All work in the wānanga is confidential and students are expected to maintain and honour professional boundaries.

## Food and accommodation

If you are travelling from out of the region and require accommodation, there is provision made for people to stay at the marae if you wish. If you plan to stay at the whare, please bring your own toiletries, towel and bedding. Please contact us to book a bed (email [office@moanahouse.org.nz](mailto:office@moanahouse.org.nz))

We will provide lunch, dinner and morning and afternoon tea, however we ask that you look after your own breakfast and supper. Students are also asked to respect the marae and to help with the cleaning and dishes etc. We will meet vegetarian requirements for tauira but any other needs must be met by the tauira (e.g. gluten free, dairy free, sugar free).

Wānanga dates

### North Island – Rotorua site

2020

- > 6 – 8 March 2020
- > 26 – 29 March 2020 (4 days)
- > 8 – 10 May 2020
- > 12 – 14 June 2020
- > 6 – 9 August 2020 (4 days)
- > 11 – 13 September
- > 9 – 11 October 2020
- > 6 – 8 November 2020

### South Island – Dunedin (Waitati) site

2020

- > 20 – 22 March 2020
- > 16 – 19 April 2020 (4 days)
- > 22 – 24 May 2020
- > 26 – 28 June 2020
- > 20 – 23 August 2020 (4 days)
- > 25 – 27 September 2020
- > 23 – 25 October 2020
- > 20 – 22 November 2020

## Dates for 2021

Te Taketake North:

Mar – 12, 13, 14

Apr – 8, 9, 10, 11

May – 7, 8, 9

Jun – 11, 12, 13

Jul – no wānanga

Aug – 5, 6, 7, 8

Sep – 17, 18, 19

Oct – 8, 9, 10

Nov – 12, 13, 14

Te Taketake South:

Mar – 26, 27, 28

Apr – 15, 16, 17, 18

May – 21, 22, 23

Jun – 25, 26, 27

Jul – no wānanga

Aug – 19, 20, 21, 22

Sep – 24, 25, 26

Oct – 22, 23, 24

Nov – 26, 27, 28

### Clinical placement

Te Taketake teaches you the theory of addictions counselling at the same time as expecting you to apply your theoretical knowledge into your practice. If you don't already work in the addictions field, you will need to find yourself a student placement as you are required to complete 400 hours of clinical practice over the two years of the diploma (200hrs each year). As a result, we believe that we produce graduates who are ready to start work in the addictions field on completion of their training.

Note: Your clinical hours must be recorded in your Log Book and can only start once the course starts. We will provide you with the log book.

Clinical placement work with tangata whaiora (clients) and the clinical supervision that supports this is your responsibility to arrange. You must provide evidence of your clinical placement from the agency where you are completing your placement. This must be on letterhead and signed by the appropriate manager. Supply this with your application.

Tauira must negotiate their own whaiora work as part of the programme criteria.

You will be asked as part of the enrolment process whether you have arranged a whaiora (client) caseload. From wānanga 2 in year one, you will be asked to complete assessments that involve your work with tangata whaiora.

Additional costs

### Laptops

It is expected that you will have access to computers and that assignments are typed. Year two students

are expected to bring laptops to class.

Year one students are asked to present some work in class using presentation software (e.g. PowerPoint or Keynote). Please bring a laptop if you have one. These projects are completed in small groups so you will not be disadvantaged if you do not have a laptop at the beginning of year one.

## Textbooks

Purchasing textbooks is essential for the successful completion of the programme. A list is provided below. It is not possible to meet programme expectations by only using the internet.

The following books can be purchased from the University Bookshop, Dunedin ([www.unibooks.co.nz](http://www.unibooks.co.nz)), an online bookstore or another bookshop in your area:

**Psychopharmacology, a Handbook for New Zealand Health Professionals** (2nd Ed) (2011)

Publisher: Whitireia Community Polytechnic ISBN: 978-1-877192-45-6

**The Management of Alcohol and Drug Problems** Author: Hulse and Cape et al Oxford University Press,(2004) ISBN:0195513312

**The Making of a Therapist** Author: Cozolino (2004) ISBN:0393704246

**Launching Māori Futures Nga Kahui Pou** Author: Durie, ISBN 1--877283--98--3 Huia Publishers

**Nga Tini Whetu: Navigating Māori Futures** Author: Mason Durie Huia Publishers 2011 ISBN 9781869694524

**Tikanga Whakaaro** Author: Cleve Barlow Oxford University Press

**Addiction Counselling – Content and Process** Ali Marsh and Ali Dale ISBN 9 780987 290526 IP Communications Melbourne 2013

**Counselling – the Skills of Finding Solutions to Problems** Author: Manthei RJ and Munro EA ISBN 0582739535 Longman 1997

Whaiora: Māori Health Development (2nd Ed) Durie, M. ISBN:0195584031 Oxford Uni Press

**Motivational Interviewing, "Helping People Change"** Author: Miller and Rollnick. October 2012

**Interview Guide for Evaluating DSM-5 Psychiatric Disorders and the Mental Status Examination (2nd Ed)**, Zimmerman, M. ISBN: 9780963382115

Desk Reference to the Diagnostic Criteria from DSM-5 (Spiral-bound edition), American Psychiatric Association, ISBN: 9780890425633

Please remember to bring your textbooks and laptop to each wānanga.

## Scholarships

There are scholarships available from Te Rau Matatini, Matua Raki, and iwi. The organisation you work for may also be prepared to pay all or part of your fees. Some students may also be eligible for assistance from WINZ.

## Frequently asked questions

See the frequently asked questions and their answers >

For further information

We will provide you with a student handbook at the first wānanga.

If you have any questions or need more information, please use the contacts below:

Visit: [www.moanahouse.org.nz](http://www.moanahouse.org.nz)

Phone: 03 477 0842 (Moana House); 0800 762 786 (Otago Polytechnic)

Email:

> Programme information enquiries - [claire@moanahouse.org.nz](mailto:claire@moanahouse.org.nz)

> Enrolment enquiries - [ebsSOS@op.ac.nz](mailto:ebsSOS@op.ac.nz)

## Disclaimer

While every effort is made to ensure that this sheet is accurate, Otago Polytechnic reserves the right to amend, alter or withdraw any of the contained information. The fees shown in this document are indicative ONLY. Both domestic and international fees are subject to change and are dependent on the development and implementation of Government policies. Please note that additional fees may from time to time be required for external examination, NZQA fees and/or additional material fees.

International **+64 3 477 3014**  
New Zealand **0800 762 786**  
Email **[info@op.ac.nz](mailto:info@op.ac.nz)**

**Dunedin Campus**  
Forth Street, Dunedin  
Private Bag 1910  
New Zealand 9054

**Central Otago Campus**  
Corner Erris & Ray Streets  
PO Box 16, Cromwell  
New Zealand 9342

**Auckland Campus**  
Level 2, 350 Queen Street  
PO Box 5268, Auckland  
New Zealand 1141