



# Te Taketake Diploma in Applied Addictions Counselling (Level 7)



Applications are now closed for 2022. Please email [office@moanahouse.org.nz](mailto:office@moanahouse.org.nz) to register your interest for our March 2023 intake.

## Domestic fee:

First year: FREE - normally \$3,688!

Due to the Government's Targeted Training and Apprenticeship Fund.

> You will still need to pay for any additional course-related costs (see more info in Additional Costs section).

> You can pay for this yourself or apply for a loan/allowance via Studylink.

\$ Second year: \$3,583

> You'll need to pay for your second year as this won't be covered by TTAF. If you're eligible, you could have your tuition fees paid through the Government's Fees Free scheme! See more info in the Paying for your study section below.

This programme is **not** available to international students.

\*Fees are approximate, subject to change and exchange rates

**Location** Dunedin or Rotorua  
Please note:

- > Due to limited places at both locations:
  - > if you live on the South Island, please apply for Dunedin
  - > if you live on the North Island, please apply for Rotorua
- > unless you intend to permanently relocate to either the South or North Island.
- > To apply for our Rotorua-based option, please select 'Distance' on the application form.

**Duration** Two years part-time; full-time not available  
**Delivery** 10 hours per week in self-directed study, 400 hours of clinical placement and 8 three- or four-day wānanga/workshops throughout the year (see dates below).  
This programme is delivered through the Moana Training Institute through a sub-contract arrangement with Otago Polytechnic.

**Credits** 120  
**Level** 7  
**Start** March  
**Apply** Applications are now closed for 2022. Please email [office@moanahouse.org.nz](mailto:office@moanahouse.org.nz) to register your interest for our March 2023 intake.

Offered through the Moana House Training Institute, this two year part-time programme will give you the qualification you need to take up a professional role within the mental health and addictions sector.

It is recognised by DAPAANZ (Drug and Alcohol Practitioners' Association Aotearoa–New Zealand), the relevant professional body for addictions practitioners, and will give you the skills and knowledge to work independently to provide both assessments and treatment services. Upon successful completion of this Diploma, you can apply for professional registration with DAPAANZ\*.

Courses include Foundation Counselling and Assessment Skills, Pharmacology, and Case management, Care and Prevention. There is also the addition of Te Hauhakenga, practical work and competencies.

Training will take place on 8 x three or four-day wānanga/workshops throughout the year in

either Dunedin or Rotorua. Three-day wānanga are held from Friday to Sunday. Four-day wānanga are held from Thursday to Sunday. Some of the teaching will be done together but most of it will take place in separate streams according to the year of study you are in.

\* Please note that your success with DAPAANZ is dependent on you meeting their criteria.

More about the programme

Te Taketake is a Level 7 Addictions Counselling Diploma that produces graduates who are ready to work in the field. It actively combines theory with practice, and as a Level 7 qualification, it is the same level as the final year of a bachelor's degree.

You will gain the specialised technical knowledge and skills to provide treatment to people seeking assistance with problems of gambling, alcohol and drug use.

While you learn to apply specialised knowledge, Te Taketake is also about promoting your own personal growth; just as you will work with whaiora to encourage their personal growth, so too Te Taketake expects that you will be a more self-aware and reflective practitioner by the end of the diploma.

Note: We no longer offer direct-entry to the second year of the programme.

Programme content

### **Year One**

Te Aka - The Vine

- > MH701001 (AKA1) Foundation Counselling and Assessment Skills
- > MH702001 (AKA2) Pharmacology
- > MH703001 (AKA3) Change and Motivation

### **Year Two**

Te Rea - The Shoot

- > MH704001 (REA1) Culture and Whānau
- > MH705001 (REA2) Diagnostic Systems
- > MH706001 (REA3) Case management, Care and Prevention

### **Years One and Two**

Te Hauhakenga - The Harvest

- > MH707001 Applying Theory to Practice 1
- > MH708001 Applying Theory to Practice 2

For a more detailed programme overview, [click here](#).

Entry requirements

Academic requirements

- > No academic requirements but it's expected that taurira have Level 5 or above.

Placement requirements

- > Te Taketake is designed for adult taurira who are already working in the mental health and addictions sector. Other people are considered to the extent that they have the opportunity to work with tangata whaiora who are affected by addiction.
- > You must have access to this type of work. 400 supervised practice hours are needed during this programme.
- > Taurira must arrange their own placement to complete their clinical hours.

Other requirements

- > Basic computer skills
- > Access to a computer and to the internet
- > At least two years in recovery from any substance or process addictions or offending
- > Give permission for a Police Check
- > Ability to pay course fees or to obtain a scholarship that will cover them.

Covid-19 vaccination information

- > As this programme is delivered on campus/on-site, you will need to provide us with a valid My Vaccine Pass *before* 1 February 2022 if you want to study with us.
- > All locations where our teaching occurs face-to-face are classed as an Otago Polytechnic site.
- > You will be asked to provide us with your My Vaccine Pass during your application and enrolment process.

> Please be aware that we'll also ask for some extra details from you during this process. We're legally obliged to collect these due to these programme areas being covered by a Government mandate.

> Please also be aware that you cannot apply for an OP exemption from our vaccination policy for this programme as it is covered by a Government vaccination Health Order.

You can find more information about our vaccination requirements [here](#). And, if you still have further questions, please visit our [FAQs page](#) which you can find [here](#).

### Completing your application

You can enter information and upload documents directly into the application form. You may wish to prepare some of the required documentation beforehand.

1. To begin your application, click the light blue Apply button.
2. Select the location you want to study at:
  - > Distance - if you intend to study in Rotorua
  - > Dunedin - if you intend to study in Dunedin

You will need to provide:

1. If you are shortlisted, Moana House will contact you regarding Police Vetting. A Ministry of Justice report is no longer accepted.
2. Your Curriculum Vitae
3. Evidence of a Professional Association Membership
4. Details of your Supervision Arrangements
5. A substance declaration and mental health status attestation
6. Written statements (approx. 300-500 words each) about:
  - > your life experiences and motivations for wanting to study this programme
  - > your relevant professional experiences
  - > how the *te Tiriti o Waitangi* might underpin your work in the social sector
  - > issues facing New Zealanders.
7. Contact details for two referees.

You will also need to attend an interview as part of the application process. We will contact you to arrange this.

### Waitlisting

There is high demand for Te Taketake, so we operate a waitlist for places in the programme. This means we can offer places to the next person on the list if someone withdraws from the programme at the start of the year.

We give priority on the waitlist based on:

1. Support from your employer to study this programme and supervise you
2. Your track record of achievement - academic or a proven ability to complete tasks
3. Your contribution to your community
4. Academic ability and literacy
5. Your ability to access work with whaiora for your clinical hours

### Wānanga details

Most wānanga last for three days. Please note, the April and August Wānanga last for four days. Each Wānanga commences at 9.00am each day. Classes on Thursday, Friday and Saturday conclude at around 8.30pm but no later than 3.00pm on the Sunday. You are expected to arrive on time so please arrange your transport accordingly.

There will be 13 sessions lasting 90 minutes for each wānanga. Days begin and end with karakia/quiet time. All teaching is done biculturally and tangata whenua are always acknowledged as part of the process.

Attendance at every wānanga is expected. Should you miss a wānanga due to sickness or family emergency, please bear in mind that you must attend a minimum of 80% of wānanga time. This means that if you miss more than three days over the year of study, you will not be eligible to continue to year two or graduate (if you are in year 2). If you are unable to meet this requirement, you will need to attend wānanga in the following year to complete the programme expectations.

There is often mahi kainga (homework) during wānanga for the next day.

All work in the wānanga is confidential and students are expected to maintain and honour professional boundaries.

## Food and accommodation

If you are travelling from out of the region and require accommodation, there is provision made for people to stay at the marae if you wish. If you plan to stay at the whare, please bring your own toiletries, towel and bedding. Please contact us to book a bed (email [office@moanahouse.org.nz](mailto:office@moanahouse.org.nz))

We will provide lunch, dinner and morning and afternoon tea, however we ask that you look after your own breakfast and supper. Students are also asked to respect the marae and to help with the cleaning and dishes etc. We will meet vegetarian requirements for taurira but any other needs must be met by the taurira (e.g. gluten free, dairy free, sugar free).

### Wānanga 2022 dates

| Rotorua Wānanga Dates     | Dunedin Wānanga Dates     |
|---------------------------|---------------------------|
| March 10 - 13 **4days**   | March 24 - 27 **4days**   |
| April 7 - 10 **4days**    | April 21 - 24 **4 days**  |
| May 6 - 8                 | May 20 - 22               |
| June 10 - 12              | June 17 - 19              |
| NO WĀNANGA IN JULY        | NO WĀNANGA IN JULY        |
| August 11 - 14 **4 days** | August 25 - 28 **4 days** |
| September 9 - 11          | September 23 - 25         |
| October 7 - 9             | October 21 - 23           |
| November 11 - 13          | November 25 - 27          |

### Clinical placement

Te Taketake teaches you the theory of addictions counselling at the same time as expecting you to apply your theoretical knowledge into your practice. If you don't already work in the addictions field, you will need to find yourself a student placement as you are required to complete 400 hours of clinical practice over the two years of the diploma (200hrs each year). As a result, we believe that we produce graduates who are ready to start work in the addictions field on completion of their training.

Note: Your clinical hours must be recorded in your Log Book and can only start once the course starts. We will provide you with the log book.

Clinical placement work with tangata whaiora (clients) and the clinical supervision that supports this is your responsibility to arrange. You must provide evidence of your clinical placement from the agency where you are completing your placement. This must be on letterhead and signed by the appropriate manager. Supply this with your application.

Taurira must negotiate their own whaiora work as part of the programme criteria.

You will be asked as part of the enrolment process whether you have arranged a whaiora (client) caseload. From wānanga 2 in year one, you will be asked to complete assessments that involve your work with tangata whaiora.

### Additional costs

#### Laptops

It is expected that you will have access to computers and that assignments are typed. Year two students are expected to bring laptops to class.

Year one students are asked to present some work in class using presentation software (e.g. PowerPoint or Keynote). Please bring a laptop if you have one. These projects are completed in small groups so you will not be disadvantaged if you do not have a laptop at the beginning of year one.

#### Textbooks

Purchasing textbooks is essential for the successful completion of the programme. A list is provided below. It is not possible to meet programme expectations by only using the internet.

#### Essential

Collaborative and Indigenous Mental Health Therapy: Tātaihono – Stories of Māori Healing & Psychiatry , Author: NiaNia, W, Bush, A and Epston, D. Routledge, ISBN: 9781138230309

Counselling: The Skills of Finding Solutions to Problems, Author: Manthei, R.J. Addison Wesley, ISBN 9780582739536

Desk Reference to the Diagnostic Criteria from DSM-5 (Spiral-bound edition), Author: American Psychiatric Association. ISBN: 9780890425633

Interview Guide for Evaluating DSM-5 Psychiatric Disorders and the Mental Status Examination (2nd ed), Author: Zimmerman, M. ISBN: 9780963382115

The Making of a Therapist, Author: Cozolino, L. Norton, ISBN: 9780393704242

Management of Alcohol and Drug Problems, Editor: Hulse, G, White J and Cape, G. Oxford University Press, ISBN: 9780195513318

Motivational Interviewing: "Helping People Change" (3rd ed), Author: Miller, WR and Rollnick, S. Guilford Press, ISBN: 9781609182274

Substance Use Disorders and Addictions (Series - Counselling and Professional Identity), Author: Morgen, KJ. Sage Publications, ISBN: 9781483370569

Tikanga Whakaaro: Key Concepts in Maori Culture, Author: Barlow, C. Oxford University Press, ISBN: 9780195582123

The Development of a Therapist, Author: Cozolino, L. Norton Professional Books, ISBN: 978-0-393-71395-4

Handbook of Clinical Psychopharmacology, Author: Preston, JD, O'Neal, JH, Talaga, MC and Moore, BA. New Harbinger Professional Books, ISBN: 1684035155

Psychopharmacology: A Handbook for New Zealand Health Professionals (3rd ed), Editor: Almand, B and Trimmer, W. Whitireia and WelTec. ISBN: 9781877192623

#### Highly recommended

Nga Tini Whetu: Navigating Māori Futures, Author: Durie, M. Huia Publishers, ISBN: 9781869694524

Whaiora: Māori Health Development (2nd ed), Author: Durie, M. Oxford University Press, ISBN: 9780195584035

Please remember to bring your textbooks and laptop to each wānanga.

#### Scholarships

There are scholarships available from Te Rau Matatini, Matua Raki, and iwi. The organisation you work for may also be prepared to pay all or part of your fees. Some students may also be eligible for assistance from WINZ.

#### Paying for your study

##### TTAF

The Government's Targeted Training and Apprenticeship Fund (TTAF) is currently running but will end in December 2022. That means the first year of this Diploma is free for all domestic learners.

Whilst this programme is free for you to study, the TTAF fund only covers tuition fees and compulsory costs such as student levies. It does not cover any additional costs or living costs. You can pay for additional and living costs by yourself if that is possible or by applying for a loan or allowance through Studylink (which is only available for domestic learners).

It is important to apply for your student loan/allowance at the same time as you apply for this programme, due to the length of time Studylink take to process. Loan/allowance applications can be cancelled at any time if you decide to withdraw your programme application or if it is unsuccessful.

For information about student loans and allowances please visit the Studylink website

##### Fees Free

The Government is also running a funding scheme called Fees Free for domestic learners. This scheme normally pays for your first year of study if you've never been enrolled in tertiary study over 60 credits at Level 3 or higher in New Zealand. They have confirmed that TTAF does not impact on a learner's entitlement to also access the Fees Free scheme.

So, you'll be covered by TTAF for your first year and, if you would have originally been eligible for Fees Free, you'll be able to access that during your second year of study.

You can check your Fees Free eligibility here >

Fees Free only covers your tuition fees. You would still need to pay for things like accommodation, living costs and placement transport costs.

Again, you can pay for these costs by yourself if possible or by applying for a loan or allowance through Studylink (only available for domestic learners).

If you have any questions about student loans and allowances, please email our Studylink Advisor: [Amanda.McAra@op.ac.nz](mailto:Amanda.McAra@op.ac.nz)

Frequently asked questions

See the frequently asked questions and their answers >

For further information

We will provide you with a student handbook at the first wānanga.

If you have any questions or need more information, please use the contacts below:

Visit: [www.moanahouse.org.nz](http://www.moanahouse.org.nz)

Phone: 03 477 0842 (Moana House); 0800 762 786 (Otago Polytechnic)

Email:

> Programme information enquiries - [claire@moanahouse.org.nz](mailto:claire@moanahouse.org.nz)

> Application and enrolment enquiries - [ebsSOS@op.ac.nz](mailto:ebsSOS@op.ac.nz)

Disclaimer

While every effort is made to ensure that this sheet is accurate, Otago Polytechnic reserves the right to amend, alter or withdraw any of the contained information. The fees shown in this document are indicative ONLY. Both domestic and international fees are subject to change and are dependent on the development and implementation of Government policies. Please note that additional fees may from time to time be required for external examination, NZQA fees and/or additional material fees.

International **+64 3 477 3014**  
New Zealand **0800 762 786**  
Email **[info@op.ac.nz](mailto:info@op.ac.nz)**

**Dunedin Campus**  
Forth Street, Dunedin  
Private Bag 1910  
New Zealand 9054

**Central Otago Campus**  
Corner Erris & Ray Streets  
PO Box 16, Cromwell  
New Zealand 9342

**Auckland Campus**  
Level 2, 350 Queen Street  
PO Box 5268, Auckland  
New Zealand 1141