



# Master of Applied Science



**Domestic fee:** \$5,154 (first year)

**International fee:** \$35,000 (for 18 months)

Compulsory student levy >  
StudyLink >

\*Fees are approximate, subject to change and exchange rates

Location	Dunedin
Duration	18 months full-time; three years part-time
Delivery	Blended, distance delivery

Credits	180
Level	9
Start	February
Apply	Until start date

## With specialties in Performance Analysis, Physical Conditioning or Exercise and Health

Take your sport and exercise knowledge and skills to the next level with this qualification.

This programme will allow you to demonstrate mastery of theoretically and procedurally sophisticated subject matter through a body of scholarly applied work, which is presented in a public forum and supported by a project or thesis. This could form the basis of scholarly journal articles. The work will respond to societal needs, address practice from multiple perspectives and be positioned within a wider framework of academic and applied research.

This qualification prepares you for doctoral level study, an academic career or a lead sport or exercise management role.

Graduates of this programme can expect to gain employment as expert practitioners within a professional organisational setting. This may include government or non-government sport (performance analysis or physical conditioning) and exercise for health settings. It is expected that graduates have created new knowledge in their studies and are leading the industry.

Graduates who focused on Physical Conditioning will be eligible for accreditation with the Australian Strength and Conditioning Association. Graduates who focused on Performance Analysis will be eligible for International Society of Performance Analysis accreditation.

Graduates who focused on Exercise for Health will be eligible for accreditation with the New Zealand Register of Clinical Exercise Physiologists.

### Entry requirements

#### Minimum entry requirements

- > Postgraduate Certificate in Applied Science at Level 8 OR equivalent, with an overall grade of B+ (75%), for admission to the **Masters by Research**, OR
- > Postgraduate Diploma in Applied Science at Level 8 OR equivalent, with an overall grade of B+ in the final 60 credits OR an equivalent postgraduate qualification of 120 credits in a related area with

an overall grade of B+, for admission to the **Masters by Practice**.

> Exceptional applicants not meeting the qualification requirements, but who have appropriate documented professional experience, may also be considered for admission.

#### English Language Requirements

> If English is not your first language, you must provide:

> New Zealand University Entrance OR

> Overall Academic IELTS 6.5 with no individual band score lower than 6.0 (achieved in one test completed in the last two years), OR

> Acceptable alternative evidence of the required IELTS (see here for NZQA proficiency table and here for list of recognised proficiency tests).

If you need to improve your English Language skills, we offer a wide range of English programmes.

#### **Additional criteria**

> All applicants who are accepted must obtain a First Aid Certificate, and complete the requirements of the Children's Act 2014 (including police vetting), prior to commencing classes.

> An interview panel consisting of the Postgraduate Coordinator and relevant postgraduate supervisors will interview and select applicants.

#### Selection criteria

Where there are more applicants than places, an interview panel consisting of a member of the Bachelor Leadership Team and relevant academic staff will interview and select applicants, with candidates prioritised on the basis of strength of academic record.

Applicants who do not meet the entry or selection criteria will be directed to a path of study to help prepare them for application in the future.

#### Pathways into this programme

Applicants without a base degree need to discuss options with the programme teaching team. Please email [ebstoo@op.ac.nz](mailto:ebstoo@op.ac.nz)

#### Additional costs

Learners are expected to purchase a uniform (\$200) - this is important for industry placements. In addition it is suggested that you have your own laptop/tablet that you are able to bring with you.

#### You will study

Within this programme you will choose one of the specialty areas: performance analysis, physical conditioning or exercise and health, these areas will have industry experience within them where you are applying the theory you are learning. In addition you will study a course in professional development which will prepare you to work within the industry and assist you to understand your learning needs. At this point you may choose to complete a research thesis to complete your Masters degree, this is known as a Masters by research.

If you choose to continue with the course you will advance your learning in the specialty area and you will have learning in either a specialist topic that supports the industry or you can negotiate your learning around either research or industry that will provide the opportunity to deepen your learning in a specific issue. At the completion of this you may complete a 60 credit research project in industry to complete your Masters degree, this is known as a Masters by practice.

## Your workload

This is a full-time programme of study and students are expected to complete 30-35 hours per week. This programme is taught with intensive blocks, online classes and industry placements.

## Programme structure

### Master of Applied Science (by Practice)

Structure	Course	Level	Credits
18 months FT 36 months PT	Choose one of: Performance Analysis Physical Conditioning Exercise and Health	8	30
	Professional Development	8	30
	Choose one of: Advanced Performance Analysis Advanced Physical Conditioning Advanced Exercise and Health	8	30
	Choose one of: Negotiated study Specialist topic (in sport science or in exercise & health)	8	30
	Research Project	9	60

### Master of Applied Science (by Research)

Structure	Course	Level	Credits
18 months FT 36 months PT	Choose one of: Performance Analysis Physical Conditioning Exercise and Health	8	30
	Choose one of: Professional Development Negotiated Study	8	30
	Research Thesis	9	120

## Further study options

It is expected that graduates of the Master of Applied Science will be able to gain entry into doctoral level qualifications at tertiary institutions (dependant on meeting programme-specific entry criteria). Possible programmes include the Doctor of Professional Practice at Otago Polytechnic and PhD programmes at other institutions.

## Student loans/allowances

Student loans and allowances are for domestic students only. For information about student loans and allowances please visit the Studylink website. It is important to apply for your student loan/allowance at the same time as you apply for this programme, due to the length of time Studylink take to process.

Loan/allowance applications can be cancelled at any time if you decide to withdraw your programme application or if it is unsuccessful.

## Recognition of prior learning

If you already have extensive knowledge and skills gained from practical experience in this area, enquire about our recognition of prior learning process at Capable NZ. You may have already gained credits towards this qualification in the course of your life. Visit the Capable NZ website.

## Disclaimer

While every effort is made to ensure that this sheet is accurate, Otago Polytechnic reserves the right to amend, alter or withdraw any of the contained information. The fees shown in this document are indicative ONLY. Both domestic and international fees are subject to change and are dependent on the development

and implementation of Government policies. Please note that additional fees may from time to time be required for external examination, NZQA fees and/or additional material fees.

International **+64 3 477 3014**  
New Zealand **0800 762 786**  
Email **[info@op.ac.nz](mailto:info@op.ac.nz)**

**Dunedin Campus**  
Forth Street, Dunedin  
Private Bag 1910  
New Zealand 9054

**Central Otago Campus**  
Corner Erris & Ray Streets  
PO Box 16, Cromwell  
New Zealand 9342

**Auckland Campus**  
Level 2, 350 Queen Street  
PO Box 5268, Auckland  
New Zealand 1141